MSW Program –Mental Health in Social Work Concentration

PROGRAM OF STUDY

<table>
<thead>
<tr>
<th>Summer Semester</th>
<th>General (free) electives or required electives from the concentration approved list.</th>
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**Mental Health Concentration – 10 required credit hours (6 core plus a minimum of 4 required elective credit hours selected from approved practice-oriented classes listed below).**

### FALL SEMESTER

<table>
<thead>
<tr>
<th>SW #</th>
<th>Section</th>
<th>Course Title</th>
<th>Credit Hours</th>
<th>Taken</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>6220</td>
<td></td>
<td>Diversity, Social Justice and Reflexive Social Work II</td>
<td>2.0</td>
<td></td>
<td></td>
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<tr>
<td>SW 6401</td>
<td></td>
<td>Advanced Mental Health Practice I: Children and Adolescents</td>
<td>3.0</td>
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<tr>
<td>6521</td>
<td></td>
<td>Advanced Field Practicum I</td>
<td>4.0</td>
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### SPRING SEMESTER

<table>
<thead>
<tr>
<th>SW #</th>
<th>Section</th>
<th>Course Title</th>
<th>Credit Hours</th>
<th>Taken</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>SW 6402</td>
<td></td>
<td>Advanced Mental Health Practice II: Adults and Aging</td>
<td>3.0</td>
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<td></td>
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<tr>
<td>6522</td>
<td></td>
<td>Advanced Field Practicum II</td>
<td>4.0</td>
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Total Credit Hours

All students must take one advanced practice class as an elective in any other concentration. These classes can be 1, 2, or 3 credit hours, depending on the concentration.

Students in Mental Health concentration must take a total of 4 credit hours of approved electives during summer, fall or spring semesters. This can include the required advanced practice course outlined above required of all students. The approved electives are:

- Spirituality in Social Work - 2 credit hours
- Intro to Couples Therapy – 2 credit hours
- Advanced Cognitive Therapy – 2 credit hour
- Mind-Body Bridging – 2 credit hours
- Practice with Grief & Loss - 2 credit hours
- Animal Assisted Therapy – 2 credit hours
- SW Practice With Kids & Adolescents – 2 credit hours
- ACT Therapy and Mindfulness – 3 credit hours
- End of Life/Palliative Care – 2 credit hours
- Working with Trauma – 2 credit hours
- Dialogue Models SW 6830 – 3 credit hours
- Global Issues in Women’s Health (online) -- 3 credits hours
- Chronic Illness in Older Adults -- 2 credits
- M.O.R.E – 2 credit hours
- Dialectic Behavioral Therapy – 2 credit hours
- Marriage and Family Therapy – 2 credit hours
- Advanced Group Practice – 2 credit hours
- Advanced Brief Therapy 2 – credit hours
- Play Therapy – 2 credit hours
- Human Sexuality in SW – 2 credit hours
- Crisis Intervention – 2 credit hours
- Family Violence across Life – 2 credit hours
- DSM V – 2 Credit Hours
- Motivational Interviewing – 2 credit hours
- Impact of Child Abuse – 2 credit hours
- Cognitive Behavior Therapy – 3 credit hours

Students may take up to 16 credit hours in any one semester, without requiring pre-approval from the MSW Program Director.

Students in the Advanced Standing program must complete a minimum of 45 credit hours.

Students in the 2-Year Program must complete a minimum of 60 credit hours.

Students must earn a passing grade of C+ or better in each course in order to count that course towards graduation.

Students must maintain a cumulative 3.0 GPA in order to be in good academic standing.
Types of Practicum Placements: Inpatient, residential and outpatient mental health programs serving children, adults and/or older adults and their families.

<table>
<thead>
<tr>
<th>Term</th>
<th>Course</th>
<th>Credits</th>
<th>Description</th>
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<tbody>
<tr>
<td>Fall</td>
<td>Advanced Mental Health Practice I: Children and Adolescents</td>
<td>3</td>
<td>What mental health challenges do children and adolescents currently face, and how can social workers help empower them? Students who take this class learn how to engage in, assess, intervene in, and evaluate mental health practice with children and adolescents, and with their families and communities. A social work perspective is taken, that includes the strengths perspective, multi-cultural competency, eclectic practice, and ecological theory. Students study DSM diagnoses of children and adolescents, through the lens of social work values and theory. This course also considers the interrelationship between mental health and such issues as addictions, criminal behavior, physical health, and evolving local and global conditions. Students will learn to assess the common mental disorders of children and adolescents from an Ecobiopsychosocial-spiritual perspective and to select intervention strategies that differentially fit the needs identified in those assessments. Students will learn to develop and utilize their conscious-use-of-self in establishing effective helping relationships.</td>
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<tr>
<td>Spring</td>
<td>Advanced Mental Health Practice II: Adults and Aging</td>
<td>3</td>
<td>This course is the second of a sequence of two required advanced practice courses taken by all students in the Mental Health Domain of the second year of the MSW program. This class provides knowledge, skills, and a value base for Social Work practice with adults and the aging in their families and communities. In this course, students concentrate their studies on the assessment and promotion of mental health for adults and the aging in the context of their families, institutions, and local and global communities. Students will learn to assess the common mental disorders of adults and the aging from an Ecobiopsychosocial-spiritual perspective and to select intervention strategies that differentially fit the needs identified in those assessments. Clients will be viewed as typically having multiple-problem challenges (e.g., in mental health, school learning, physical health, substance abuse, family environment, etc.) that are best approached by multi-disciplinary teams of professionals and other community members. Students will learn to develop and utilize their conscious-use-of-self in establishing effective helping relationships.</td>
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<td></td>
<td>Electives</td>
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<td>Electives: Students must take a minimum of 4 credit hours of practice-oriented electives. One class must be an advanced practice class in another concentration. The remaining elective credits can be general electives that are practice, theory, and/or skills focused.</td>
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