The Science of Trust
with Dr. John Gottman
Thursday, March 10, 2016 from 4-7 p.m. • 2.75 CEUs Approved

This presentation reviews, “The Science of Trust” in the context of couple relationships, including the physiology of trust and betrayal, and the mathematics of trust and betrayal. Recent research from John Gottman’s laboratory will be reviewed that leads to a precise definition of trust. Dr. Gottman will also talk about a new empirically-based theory of trust, how to create trust in love relationships, and how it is sometimes possible to heal from betrayal.

Level 1: Bridging the Couple Chasm
Gottman Couples Therapy: A New Research-Based Approach
with Dr. John Gottman & Dr. Julie Schwartz Gottman
Friday-Saturday, March 11-12, 2016 from 9-5 p.m. • 12 CEUs Approved

Clinicians who take this two-day workshop will be equipped with new methods and tools to help couples break the cycle of criticism, defensiveness, contempt and stonewalling. Complete with all Gottman Method Couples Therapy marital assessment questionnaires, exercises and interventions. Level 1 improves your work with couples immediately and with dramatic results.

ABOUT THE GOTTMANS: World renowned for his work on marital stability and divorce prediction, Dr. John Gottman has conducted 40 years of breakthrough research with thousands of couples. He is the author of 190 published academic articles and author or co-author of 40 books. Co-founder of the Gottman Institute with his wife, Dr. Julie Schwartz Gottman, John was also the Executive Director of the Relationship Research Institute. He is Professor Emeritus of Psychology at the University of Washington, where he founded “The Love Lab” at which much of his research on couples’ interactions was conducted. • Dr. Julie Schwartz Gottman is co-founder and President of The Gottman Institute, and Clinical Supervisor for the Couples Together Against Violence study. A highly respected clinical psychologist, she is sought internationally by media and organizations as an expert advisor on marriage, sexual harassment and rape, domestic violence, gay and lesbian adoption, same-sex marriage, and parenting issues. She is the co-creator of the Art and Science of Love weekend workshops for couples, and she also co-designed the national clinical training program in Gottman Couples Therapy.

SALT LAKE COMMUNITY COLLEGE | MILLER CAMPUS | 9750 S 300 W | SANDY, UT 84070
Register at www.SuncrestCounseling.com or 801.255.1155

Thursday Night Only: $89 • Friday & Saturday Only: $499 • Both Events: $549
Registration Form:

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(check all that apply)

☐ LCSW  ☐ CMHC  ☐ LMFT  ☐ PhD  ☐ OTHER

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City

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SELECT AN EVENT
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☐ THURSDAY EVENING EVENT ONLY — Thursday, March 10, 2016
$69 Registration on or before August 31, 2015
$79 Registration on or before November 30, 2015
$89 Registration on or after December 1, 2015

☐ FRIDAY & SATURDAY 2-DAY EVENT ONLY — Friday and Saturday, March 11-12, 2016
$399* Registration on or before August 31, 2015
$450* Registration on or before November 30, 2015
$499* Registration on or after December 1, 2015

☐ THREE DAY EVENT — Both Workshops on Thursday, March 10, 2016, and, Friday and Saturday, March 11-12, 2016
$449* Registration on or before August 31, 2015
$499* Registration on or before November 30, 2015
$549* Registration on or after December 1, 2015

PAYMENT
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Checks should be made out to Suncrest Counseling. Mail payment and this form to:
Suncrest Counseling, Gottman Workshop, 1258 W. South Jordan Pkwy, Suite 202, South Jordan, UT 84095
Confirmation of your reservation and payment will be emailed to you.

You may cancel your registration up to 10 business days before the workshop and receive a full refund minus a $50 cancellation fee. If cancellation occurs in less than 10 business days prior to the event, there is no refund. If you require ADA Accommodations, please contact our office at least 7 days in advance of the event so that we can ensure accommodations are made.