University Hospital Addiction and Psychiatry Inpatient Consult Service

1. NAME AND ADDRESS OF AGENCY

University Hospital

50 N. Medical Dr., SLC, UT 84132

2. **AGENCY WEBSITE:** https://healthcare.utah.edu/uni/programs/

AGENCY MISSION

The Addiction Consult and the Psychiatry Consult Liaison services are separate multidisciplinary teams that provides addiction and psychiatric consultation to medical teams at University Hospital for patients hospitalized with co-occurring addiction and psychiatric diagnoses. The Addiction Consult service provides comprehensive substance use assessments including psychiatric evaluation, helps manage intoxication and withdrawal, initiates and manages medication assisted treatment (MAT) for alcohol and opioid use disorders, develops treatment plans aligned with the patient's goals for substance use, uses motivational interviewing to support patients, facilitates mutual understanding between patient and primary team, connects patients with appropriate community resources, and refers to a higher level of care when indicated. The Psychiatric Consult Liaison Service helps inpatient medical teams with diagnosis, medication management, brief solution focused therapy, conducts risk assessments, engages in safety planning, connects patients with appropriate outpatient resources, and refers to a higher level of care when indicated. Students will have the opportunity to work with and learn from both consultation services

3. CLIENT POPULATIONS SERVED

Work with adult and geriatric populations who are hospitalized for a primary medical problem at University Hospital and Huntsman Cancer Hospital. Will work with patients who have both psychiatric and substance use disorders.

4. TRAINING OPPORTUNITIES

- o Observe a variety of diagnosis and psychiatric presentations
- o Assess patient's risk level, determine treatment plans accordingly.
- Work as part of an interdisciplinary team with psychiatrists, addiction medicine fellows, social workers, nurses and case managers
- o Advocate for patient with insurance companies
- O Use crisis intervention skills with a possible rotation with the crisis service in the Emergency Department
- Use Solution Focus and Motivational Interviewing skills when working with patients towards their treatment goals
- Opportunities to become acquainted with and utilize a large database of community resources.
- Practice written and verbal communication skills among a wide demographic of patients, collogues, and disciplines.

5. SPECIAL PROGRAMS/UNITS (LOCATION, FUNCTION)

Possible opportunity to work with crisis workers in the Emergency Department

6. SPECIFIC DAYS/HOURS/TRAINING/ASSIGNMENTS REQUIRED OF STUDENTS Hours are 8am-4:30pm M-F

7. QUALITIES WE LOOK FOR IN A PRACTICUM STUDENT

Mature and dedicated individuals

DSM V knowledge is helpful but not required

8. NUMBER OF STUDENT PRACTICUMS AVAILABLE

There will be 1 student accepted

9. STIPEND/AMOUNT/CRITERIA FOR AWARDING

\$7,000 that will be dispersed, bimonthly, throughout the practicum

Agency's Primary area of focus:

- Aging
- Child Welfare
- Forensics
- Mental Health
- Global
- Health
- Mental Health