

## Agency Information Sheet

### Agency's Primary area of focus:

○ Mental Health

#### 1. NAME AND ADDRESS OF AGENCY

University Counseling Center  
Student Services Building, RM 426 (University of Utah Campus)

#### 2. AGENCY WEBSITE

<https://counselingcenter.utah.edu/>

#### 3. AGENCY MISSION

The purpose of the University Counseling Center (UCC) is to facilitate and support the educational mission of the University of Utah. We provide developmental, preventive, and therapeutic services and programs that promote the intellectual, emotional, cultural, and social development of University of Utah students. We consistently strive to integrate multiculturalism into the everyday functioning and structure of our agency, including the individual, service, training, organizational, and administrative levels. We advocate a philosophy of acceptance, compassion, and support for those we serve, as well as for each other. We aspire to respect cultural, individual and role differences as we continually work toward creating a safe and affirming climate for individuals of all ages, cultures, ethnicities, genders, gender identities, languages, mental and physical abilities, national origins, races, religions, sexual orientations, sizes and socioeconomic statuses.

#### 4. CLIENT POPULATIONS SERVED

Adults –including international students, undocumented students, Students of Color, LGBTQA students, students with developmental or physical disabilities, and couples/partnerships.

#### 5. TRAINING OPPORTUNITIES

Social work interns will have the opportunity to: conduct intakes, provide individual counseling, co-lead a therapy group, providing programming and some supervision in our Mindfulness Center, provide relationships counseling, and complete a Systems Intervention Project (SIP). We also provide specialized training in crisis counseling, trauma-informed care, mindfulness and meditation practices, relationships counseling, group therapy, and culturally affirming/humble practice.

#### 6. SPECIAL PROGRAMS/UNITS (LOCATION, FUNCTION)

Mindfulness Center

#### 7. SPECIFIC DAYS/HOURS/TRAINING/ASSIGNMENTS REQUIRED OF STUDENTS

Due to constraints on office space our internship is strictly M – W from 8 to 5 PM with the opportunity to provide some outreach during the evenings/weekends (not required).

#### 8. QUALITIES WE LOOK FOR IN A PRACTICUM STUDENT

We are looking for students with a demonstrated commitment to social justice and a sincere desire to provide compassionate, relational, and affirming mental health services to students of the University of Utah.

#### 9. NUMBER OF STUDENT PRACTICUMS AVAILABLE

The Counseling Center has openings for four 2<sup>nd</sup> year/ADV STN students

#### 10. STIPEND/AMOUNT/CRITERIA FOR AWARDING

A stipend in the amount of at least \$7,999 as well a 50% tuition (please note CSW differential tuition rate) reduction for eligible students.