

Program Overview

Stillwater Academy provides a one-of-a-kind treatment model that helps families who have experienced profound family disruptions find healing and success. Through our unique approach, students who have experienced traumatic life events (adoption, attachment issues, traumatic divorce, abuse, maladaptive family systems) are kept in a family setting that provides warmth, support, love, consistency, education and all around treatment.



Program/Practicum Hours:

Monday–Friday 7:15AM - 7:45PM

Saturday 9AM– 5PM

Sunday Closed

We have Day Treatment, Intensive Outpatient, and Outpatient programs



Feelings behind these behaviors are often complex and may be driven by any or all of the following:

- ADHD/ADD/ODD
- Low self-esteem
- Abuse
- Adoption (Including Reactive Attachment Disorder)
- Depression
- Learning Disabilities
- Neglect
- Divorce
- Genetic mental health issues
- Loss
- Real or perceived rejection
- Conflict in the home

To learn more about our organization

visit us at

Turnaboutteens.org

Ages

We serve teens ages 12 to 17 who are struggling with executive functioning challenges, adoption issues, PTSD, defiance, failure in school, learning disabilities (ADD/ADHD), depression, substance abuse, conflict in the home, or any other issues.



Prerequisites:

- Aegis Training(Provided by Stillwter)
- Background Checks
- Drug Screens
- Health Screenings:
 - Tuberculosis Test (TB)

No Stipend Available
No Travel is required

Therapy That is Customized to Each Teens Needs

We believe that consistent quality therapy is essential to success. Teens participate in 2 sessions of group therapy daily and in individual, equine and family therapy on a weekly basis.

This clinical intensity broadens the set of 'tools' teens have available to approach real world problems. These tools include problem solving, communication, taking responsibility, and overcoming poor thought processes to name a few.

Upon enrollment each student's own unique issues and challenges as well as his/her strengths and abilities are assessed in order to identify specific treatment goals, appropriate for each teen. Maintaining a small program makes it possible to adapt treatment to each student's particular needs and circumstances.



Stillwater Academy gives teens the chance to step out of their destructive patterns, make a choice to change for the better, make good decisions, experience real success, develop healthy relationships, and then move back into a new & better life that many of them and their parents may have not dreamed possible.



Treatments incorporated into therapy at Stillwater Academy

- Eye Movement Desensitization and Reprocessing (EMDR)
- Cognitive Behavioral Therapy (CBT)
- Group Therapy
- Individual Therapy
- Family Systems Therapy
- Dialectical Behavioral Therapy
- Cognitive Behavioral Therapy
- Rational Emotive Therapy
- Gestalt Therapy
- Reality Therapy
- Equine Assisted Therapy
- Including Medication Management
- 12 Step Approach
- Spiritual Principles
- Strength Based Approach

Have Questions ?

Call and Ask to Speak with

Lee or Jamie

1.866.359.4600



STILLWATER ACADEMY

HELPING TEENS LEARN, LIVE & LEAD



Stillwater Academy was founded in 1988 in the heart of the Rocky Mountains, about 15 miles south of Salt Lake City, Utah and is situated in and near some of the most breathtaking scenery in the country.

Students benefit from this great environment through occasional cattle drives, hikes, regular outdoor therapy at Stillwater Academy's Clementine Farms Ranch, as well as various other recreational activities.

TO LEARN MORE WE ARE LOCATED AT

11175 SOUTH REDWOOD RD.
SOUTH JORDAN, UTAH 84095

CALL US AT 1.866.359.4600
OR VISIT TURNABOUTTEENS.ORG