

# Theory & Method

435.774.0485  
124 South 400 East Suite 250  
Salt Lake City, Utah 84111  
[www.theoryandmethod.co](http://www.theoryandmethod.co)

## About Us

Theory and Method is a group practice providing evidence-based care tailored to our clients' unique needs. Our clinicians have varying specialties providing students the opportunity for training in diverse therapeutic approaches. We are LGBTQIA+ affirming.

## Our Clients

Our clients are high functioning and actively engaged in the therapeutic process. They seek therapy for different reasons; to learn coping skills, improve their mental health, and improve relationships. We provide treatment to adolescents, adults, couples, and families.

## Placement Details

One practicum position available, \$500 stipend for each semester completed. Daytime hours required.

An ideal student is interested in providing psychotherapy in the private practice setting. We are looking for a student capable of maintain accurate and timely documentation of services provided. Excellent written and verbal skills. A student with a strong desire to learn clinical skills, growth mindset, and a sense of humor is desirable.

Student will have the opportunity to work with individuals, couples, and family therapy.

## Training Opportunities

- Assessment, DSM diagnosis, goals for treatment, and interventions
- Ethical decision-making in private practice
- Professionalism and Boundaries
- Insurance and billing
- Learn the models of practice utilized at the practicum
- In-service training
- Telehealth

## Misc.

- We are female & LGBTQ+ owned
- All clinicians are LCSW's
- Our office is very warm and relaxing (check it out on google)
- We provide snacks