

Agency Information Sheet

1. NAME AND ADDRESS OF AGENCY



2. AGENCY WEBSITE

rootedcounselingandwellness.com

3. AGENCY MISSION

At Rooted Counseling & Wellness our mission is to help our clients attain emotional and relational healing through focusing on mind, body, and soul. In addition to standard psychotherapy, we offer clinical yoga, skills classes, and health resources.

4. CLIENT POPULATIONS SERVED

Adolescents 11-18, Young Adults 18-25, Adults, Families

5. TRAINING OPPORTUNITIES

Students will be introduced to various modalities including CBT, DBT, ACT, mindfulness, EMDR, play therapy, expressive arts, sand tray and Yoga.

6. SPECIAL PROGRAMS/UNITS (LOCATION, FUNCTION)

Yoga therapy

7. SPECIFIC DAYS/HOURS/TRAINING/ASSIGNMENTS REQUIRED OF STUDENTS

Staff meeting/Group Supervision on Monday afternoons. Flexible schedule offered for client hours.

8. QUALITIES WE LOOK FOR IN A PRACTICUM STUDENT

Someone interested in clinical work in a private practice setting. Excellent communication skills for working with others and developing rapport with clients. Flexible, teachable and open to feedback, intuitive, able to take initiative, problem-solve, and work with little direction.

9. NUMBER OF STUDENT PRACTICUMS AVAILABLE

2

10. STIPEND/AMOUNT/CRITERIA FOR AWARDED

\$ 16 per clinical hours.

Agency's Primary area of focus:

- ☐ Aging
- ☐ Child Welfare
- ☐ Forensics
- ☒ Mental Health
- ☐ Global
- ☒ Health
- ☐ Mental Health
- ☐ Substance Use