

# Agency Information Sheet

Agency's Primary area of focus:	
<input type="radio"/>	Aging
<input type="radio"/>	Child Welfare
<input type="radio"/>	Forensics
<input type="radio"/>	Mental Health
<input type="radio"/>	Global
<input type="radio"/>	Health
<input type="radio"/>	Mental Health
<input type="radio"/>	Substance Use

1. NAME AND ADDRESS OF AGENCY

Resolutions Counseling Center

2. AGENCY WEBSITE

www.resolutionsutah.com

3. AGENCY MISSION

Our treatment team actively and aggressively intervenes, as early as possible, against the physical, psychological, social, educational, and family crises experienced by individuals who are suffering from substance use or mental health disorders in an environment that preserves the dignity of the client and promotes collaborative healing.

4. CLIENT POPULATIONS SERVED

Children, adolescents and adults. Primary area of focus is mental health. We have therapists working toward TF-CBT certification to treat children with trauma. Our therapists expertise and training include OCD, anxiety, trauma, CPT, oppositional defiant disorders, postpartum depression, crisis intervention and other general mental health conditions. Our interns this year have been able to plan, organize, and co-facilitate groups for adolescent girls.

5. SPECIAL PROGRAMS/UNITS (LOCATION, FUNCTION)

We are a general outpatient mental health private practice. We are located in Bountiful Utah. We are currently providing services via telehealth and limited in person sessions.

6. SPECIFIC DAYS/HOURS/TRAINING/ASSIGNMENTS REQUIRED OF STUDENTS

We have weekly all-staff meetings on Wednesdays at 2 pm. These meetings include a monthly CEU and group supervision. Part of our mission is to provide excellent training for therapists that include individual, group and monthly training. providing adequate training, support, and building a team atmosphere as much as possible is a priority to us. So we require students to be available on Wednesday afternoons for participation in those group activities. Other than that we are flexible with the schedule Monday-Friday. Some evening hours are also available.

7. QUALITIES WE LOOK FOR IN A PRACTICUM STUDENT

Experience working in a mental health setting. Desire to learn more about trauma, integrated mental health treatment, and focus on the person in the environment framework. First year MSW students are expected to participate in a variety of case management services and community outreach.

Especially with a lot of work currently being done remotely, we need someone who can work independently. We are encouraging our interns to bring new ideas, such as groups, ways to improve treatment and outcomes, or specialized training. WE want someone passionate about learning, team work, and gaining experience with a variety of mental health conditions. Our interns are working with both kids, adolescents, and adults. This general outpatient practice will expose you to a majority of mental health conditions. This practice will expose you to working with a lot of trauma, depression, anxiety, OCD and other mental health conditions.

8. NUMBER OF STUDENT PRACTICUMS AVAILABLE

2 second year MSW, 1 1st year MSW

9. STIPEND/AMOUNT/CRITERIA FOR AWARDED

stipend for second year students seeing individual clients. Stipend is \$1500 per semester.



# RESOLUTIONS



## WHY JOIN OUR TEAM?

Resolutions Counseling Center is a generalist group private-practice located in Bountiful, Utah. Resolutions is known for our quality care in a compassionate environment. Clinicians at Resolutions utilize a collaborative team approach to client care and highly value education and training. We use evidenced-based treatment protocols to help our clients reduce distress and enrich their lives. Resolutions offers trainees the opportunity to work with a wide range of mental health concerns, receive excellent supervision and develop professional skills.

## WHO WE ARE?

We provide evidence-based treatment consistent with best practices, in a compassionate, safe environment. Our therapists work six days a week to meet your needs with assessments, evaluations, groups and individual treatment.

We see children, teens and adults. We do individual therapy, play therapy, group therapy, family counseling, couples counseling, classes and seminars.

## WHAT IS AN INTERNSHIP AT RESOLUTIONS LIKE?

We provide supervisor supervision to all our trainees, which includes one to two hours of individual supervision and one hour of group supervision per week. We also provide one hour of CEU a month.

Resolutions helps trainees learn a variety of valuable skills, including professional development, case management, exposure to private practice administrative work, and clinical skills (individual, group, couples and family therapy).

Most internships require 15-20 hours per week. Your schedule can be flexible to fit your needs. Typically interns are in the office two to three days a week, between the hours of 10am-7pm.

Second year interns are provided a semester stipend amount of \$1,500.

## HOW DO I APPLY?

Resolutions highly values our interns and we pride ourselves on the quality of training we provide. If you are interested in an internship at Resolutions, please email your CV to [resolutionsoffice@resolutionsutah.com](mailto:resolutionsoffice@resolutionsutah.com). You will be asked to attend an interview with the management team to make sure it is a great fit. Thank you so much for your interest in Resolutions and we look forward to meeting with you!

## MISSION STATEMENT

Our treatment team actively and aggressively intervenes, as early as possible, against the physical, psychological, social, educational and family crises experienced by individuals who are suffering from mental health disorders in an environment that preserves the dignity of the client and promotes collaborative healing.

## WHAT WE TREAT

ANXIETY DISORDERS

MOOD DISORDERS

TRAUMA

BEHAVIORAL ISSUES

RELATIONSHIP ISSUES

AUTISM

ADHD

SUBSTANCE ABUSE

GRIEF AND LOSS

AND MANY MANY MORE...