## Intermountain Healthcare EAP (Employee Assistance Program)

## **Practicum Placement for second year MSW students**

## Appropriate for students focusing on Mental Health

Address: 5245 S College Drive, Murray, UT 84123

Website: https://intermountainhealthcare.org/services/employee-assistance-program/

Phone: 801-442-3509

Practicum Supervisor at the EAP: Barbara Lester LCSW or other LCSW at the EAP to be arranged

EAP Director: Matt Steinkamp, LCSW

- One placement is available.
- The EAP at Intermountain Healthcare provide free short-term counseling services to employees and dependents (spouses, partners and children of employees ages 26 and younger) of Intermountain Healthcare and about 150 other companies.
- We work with children, adults, couples and families.
- We focus on brief counseling for life problems but we also provide support and referral for
  those in need of more intensive services or who are in crisis. We do not diagnose. Primary focus
  of this placement is counseling, but if a student has an interest in other aspects of EAP work
  (which include wellness trainings and responding to adverse events) there can be opportunities
  for exposure to those program components.
- Macro and Mezzo opportunities to be arranged with the student depending on their interests.
- Stipend is \$5000.
- Days/hours: Preferred hours for practicum are Monday through Wednesday hours range between 7 AM and 7 PM depending on student, supervisor and office schedule. Also, we need the student to be able to cover some hours over the winter break so that our clients don't go without services for that long.
- **Prerequisites**: Students need to have taken course work that will prepare them to work within a brief therapy model or be signed up to take such course(s) Fall Semester (examples of this would be Solution Focused Counseling, MI, or CBT). If the student wants to work with couples in the placement (optional), they need some special training in this couples counseling e.g. the Gottman training offered at the College of Social Work. Additionally, if the student wants to work with children or teens, additional coursework or background in working with this age group is needed.