

Agency Information Sheet

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2. <https://centerforchange.com/>
3. Mission: Center for Change is devoted to providing a warm, caring atmosphere for those suffering from eating disorders, and treatment which gives hope, healing, and recovery towards a full and meaningful life.
4. Serving adolescent and adult females in Inpatient and Residential, and adolescents and adults of all genders in PHP, IOP, and Outpatient
5. The exciting thing is Interns will never be bored and will always be busy. Center for Change is a busy campus serving woman in both UT and ID regions. Interns will have opportunities to do assessments, run all variations of groups, individual and family therapy opportunities. Most of it is still all done face to face for residential and PHP options. Center for Change offers monthly “brown bag” trainings that cover topics of importance for this populations – ie trauma, suicide and sharpening DBT skills, to name a few.
6. The Center for Change is divided into 5 levels of care. Inpatient care is the highest level of care which provides patients with 24 hour care medically, dietary and therapeutically. Vitals are checked routinely throughout the day and therapy is done four times a week and twice a week for dietary. When they are more medically stable they will be moved to Residential care where they will be seen twice a week by the therapist and weekly by doctors and dietitians. PHP –Stands for Partial Hospitalization where patients are discharged from RTC and given opportunity to participate in 5 day programming at the center from 8-2:30pm. Meals are provided and individual and groups are provided to support patients to transition into their lives more smoothly. PHP in all locations serve both genders, suggested age of 15 years and up. IOP- is a step down from PHP which provides only 3 days Programming from 3-6pm. One meal and snack is provided to support patients further with taking accountability and caring for themselves. Final is Outpatient treatment where patients are able to see clinicians here on the Campus or go elsewhere of their choice. It is recommended they have an OP therapist, dietitian and medical provider they will utilize for a good year after inpatient care for best recovery outcomes.
7. Interns that are in their 2nd year of MSW/MFT are encouraged. It works best if interns are able to come in 2-3x's a week for full days- 830-3pm. Some interns come in later and stay later – but it is workable with school schedules.
8. Qualities look for in a Practicum student is “great resiliency”. There are many changes that continue to go on daily in a residential setting- so being willing, cooperative and can be flexible is very much appreciated and helpful here at the Center.

9. It has been extremely helpful to have about 4-5 interns per semester. We will welcome the help and willing to educate and provide hours needed for graduation requirements.
10. There is no Stipend offered here at Center for Change- but you will never have to worry about not having enough hours or opportunities for growth. It is a wonderful setting to learn and sets you up well for future career opportunities.