

MSW Two-Year Program
Mental Health Area of Focus Course Checklist
Catalog Year 2019-2020

It is **your responsibility** to ensure that your degree and licensing requirements are met and in order to move into the second year of the program. Your academic advisor is available to help you. Please meet with the MSW advisor at least once per academic year to ensure you are on track.

Fall Required Courses:

- SW 6220 Diversity, Social Justice, and Reflexive Social Work II..... 3 credit hours
 - SW 6401 Mental Health Advanced Practice I..... 3 credit hours
 - SW 6521 Advanced Field Practicum I.....4 credit hours
 - Electives and/or Advanced Practice outside area of focus.....5 credit hours
- 15 credit hours

Spring Required Courses:

- SW 6402 Mental Health Advanced Practice II.....3 credit hours
 - SW 6522 Advanced Field Practicum II.....4 credit hours
 - Electives and/or Advanced Practice outside area of focus.....8 credit hours
- 15 credit hours

All second year courses are held on Thursdays and Fridays. Practicum (fieldwork) is completed on other weekdays, for a total of 600 hours.

Grades:

- All MSW students must earn a C+ or better in each of the required courses (and a grade of CR in Practicum) in order to take the second course in any sequenced courses (e.g. Advanced Practice I and Advanced Practice II) and in order to move into the second year of the program
- All MSW students must maintain a cumulative 3.0 GPA in order to be in good academic standing

Additional Coursework:

- Must take one practice course outside of chosen area of focus (fall or spring)

Reminders:

- Students may take up to 16 credit hours in any one semester, without requiring pre-approval from the MSW Program Director and the Dean of the Graduate School
- Students in the Two-Year Program must successfully complete a minimum of 60 credit hours in order to graduate. Students in the Advanced Standing Program must successfully complete a minimum of 45 credit hours in order to graduate

Notes:

SW 6401	Mental Health Practice I: Children and Adolescents	3	What mental health challenges do children and adolescents currently face, and how can social workers help empower them? Students who take this class learn how to engage in, assess, intervene in, and evaluate mental health practice with children and adolescents, and with their families and communities. A contextual social work perspective is taken, that includes the strengths perspective, multi-cultural competency, eclectic practice, and ecological theory. Students study DSM diagnoses of children and adolescents, through the lens of social work values and theory. This course also considers the interrelationship between mental health and such issues as addictions, criminal behavior, physical health, and evolving local and global conditions. Students will learn to assess the common mental disorders of children and adolescents from an Eco-biopsychosocial-spiritual perspective and to select intervention strategies that differentially fit the needs identified in those assessments. Students will learn to develop and utilize their conscious-use-of-self in establishing effective helping relationships.
Fall	Required Course		
SW 6402	Mental Health Practice II: Adults and Aging	3	This course is the second of a sequence of two required practice courses taken by all students in the Mental Health Domain of the second year of the MSW program. This second class, taught in the Spring of the second MSW year, provides knowledge, skills, and a value base for contextual Social Work practice with adults and the aging in their families and communities. The first class, taught in the Fall of the second MSW year focused upon Social Work practice with children and adolescents. In this course, students concentrate their studies on the assessment and promotion of mental health for adults and the aging in the context of their families, institutions, and local and global communities. Students will learn to assess the common mental disorders of adults and the aging from an ecological (biopsychosocial-spiritual-environmental) perspective and to select intervention strategies that differentially fit the needs identified in those assessments. Clients will be viewed as typically having multiple-problem challenges (e.g., in mental health, school learning, physical health, substance abuse, family environment, etc.) that are best approached by multi-disciplinary teams of professionals and other community members. Students will learn to develop and utilize their conscious-use-of-self in establishing effective helping relationships.
Spring	Required Course		
	Electives		Electives: One class must be a practice class in another area of focus. The remaining elective credits can be general electives that are practice, theory, and skills focused.

Types of Practicum Placements: Inpatient, residential and outpatient mental health programs serving children, adults and/or older adults and their families.

Please see next page for recommended electives.

Recommended electives (may be taken summer, fall, or spring). Please note that not all courses are offered every semester or year. If you have questions about specific electives not on the recommended list, please contact the Area of Focus Chair, Dr. David Derezotes.

Advanced Brief Therapy – 2 credit hours
ACT Therapy and Mindfulness – 3 credit hours (online)
Advanced Cognitive Therapy – 2 credit hour
Advanced Group Practice – 2 credit hours
Animal Assisted Therapy – 2 credit hours
Creative & Expressive Therapy - 3 credit hours
Crisis Intervention – 2 credit hours
Cognitive Behavior Therapy – 2 credit hours
Dialectic Behavioral Therapy – 2 credit hours
End of Life/Palliative Care – 2 credit hours
Family Violence across Life – 2 credit hours
Global Issues in Women’s Health - 3 credit hours (online)
Human Sexuality in SW – 2 credit hours (online)
Human Trafficking – 3 credit hours (online)
Inclusive Dialogue – 3 credit hours
Intro to Couples Therapy – 2 credit
Issues in Women’s Health – 3 credit hours
Marriage and Family Therapy – 2 credit hours
Mind, Body Bridging – 2 credit hours
Motivational Interviewing – 2 credit hours
Play Therapy – 2 credit hours
Practice with Grief & Loss- 2 credit hours
Self-Harm – 2 credit hours
Spirituality in Social Work - 2 credit hours
Treatment of Trauma – 2 or 3 credit hours
Working with Trauma – 2 credit hours