

# University of Utah

## Interdisciplinary Graduate Certificate in Women's Health (IGCWH)\*

*\*Certificate programs are not available to students enrolled in the MSW Online Program.*

### Certificate Information

The 15-credit certificate is designed to equip the student with an interdisciplinary perspective on women's health and well-being. Our intent is not only to create an academy of practitioners well-versed in evidence-based approaches to the care of women as individuals but also practitioners who understand primary care access, community interventions, and health policies on local, national, and global levels pertaining to women.

### Relevance to Educational Goals

The purpose is to provide students with an overview of key issues in the field of women's health. Students will develop conceptual skills to evaluate how social, cultural, and policy issues impact and are impacted by women's health issues.

### Application & Completion Requirements

An applicant for admission to this graduate certificate must meet the following minimum requirements:

- A bachelor's degree from a fully accredited college or university
- An undergraduate GPA of at least 3.0

### The following is required to be considered an IGCWH student:

- Meet with your graduate program's advisor as well as the Women's Health certificate advisor to map out your plan for certificate completion
- Submit IGCWH Planning Guide to the certificate advisor
  - List foundation course
  - List one approved course from each domain
  - List one approved elective (enrolled internships/practicums or an independent study course can be used to fulfill this requirement with approval from IGCWH Faculty Representative)
  - Complete Declaration of Intent
  - Complete Signature Form with all required signatures

### To receive the certificate, IGCWH students must meet the following requirements:

- You must earn a grade of B or better in each class
- You must earn a GPA of at least 3.4 in the approved courses for the IGCWH
- You must submit documentation of completion of your coursework, with grades, to the certificate academic advisor

### Certificate Advisor Contact Information

- [nimmy.grewal@utah.edu](mailto:nimmy.grewal@utah.edu)

# Interdisciplinary Graduate Certificate in Women's Health

## Planning Guide

### Approved Course Information

Please note: Not all classes are taught every semester or every year, and some courses may have prerequisites.

Foundation Course					
Course Number	Class Name		Semester	Delivery	Credits
SW 6520	Issues in Women's Health		Fall	Online	3
Domain I: Individual Experiences of Disease, Wellness, Maturation, & Growth					
Course Number	Class Name		Semester	Delivery	Credits
ECS 6860	Memory, Storytelling, & Trauma		TBD	TBD	3
ED PS 6064	Resilience & Divorce: Life Reconstruction		TBD	TBD	3
ED PS 6074	Developing a Healthy Body Image		TBD	TBD	3
GERON 6564	Interdisciplinary Approach to End-of-Life/Palliative Care		Spring	In Person	2
H EDU 6180	Prevention: Alcohol, Tobacco, Drugs, & Violence		Summer	In Person	3
KINES 6320	Exercise and Disease		Spring	In Person	3
MD ID 7250	Foundations in Personalized Health Care		Fall	In Person	2
MD ID 7260	Transgender Health		Fall, Spr	In Person	2
NURS 6101	Antepartum Management*		Summer	In Person	2
NURS 6115	Gynecologic Management*		Sum, Fall	In Person	2
NURS 6116	Well Woman Health Management*		Spring	In Person	3
NURS 6322	Serious & Persistent Mental Illness*		Fall	In Person	2-3
NURS 6600	Elder Health Promotion*		Summer	Online	2
PBHLT 6331	Issues in Reproductive Health		Summer	Online	3
PBHLT 6645	Modifying Health Behavior		Spring	IVC	3
PSY 6260	Social Development Across the Lifespan		Fall	In Person	3
SW 662x	Narrative Therapy		TBD	TBD	2-3
SW 662x	Couples & Family Therapy		TBD	TBD	3
<i>*Specialized for nursing students</i>					

**Domain II: Women's Roles, Responsibilities, Behaviors, and Beliefs**

<b>Course Number</b>	<b>Class Name</b>	<b>Semester</b>	<b>Delivery</b>	<b>Credits</b>
ANTH 6255	Race and Culture	Summer	Online	3
ECS 6641	Social Inequality in U.S. Higher Education	Fall	In Person	3
ED PS 7235	Theories and Methods of Sex Therapy	TBD	TBD	3
ED PS 7240	Feminist Multicultural Psychotherapy	Summer	In Person	3
FCS 6630	Healthy Communities	Fall	In Person	3
GERON 6235	The Aging Mind	Fall	Online	3
GERON 6320	Death, Dying, & Bereavement	Summer	Online	3
GERON 6370	Health and Optimal Aging	Spr, Sum	Online	3
H EDU 6020	Body Image and Eating Disorders in Special Populations	TBD	TBD	3
NUIP 6020	Body Image and Eating Disorders in Special Populations	TBD	TBD	3
PADMN 6321	Health Policy	Spring	In Person	3
PADMN 6322	Environmental & Sustainability Policy	TBD	TBD	3
PADMN 6350	Disability, Culture, & Society	TBD	TBD	3
PBHLT 6520	HIV/AIDS and Public Health	TBD	TBD	3
SW 6401	Mental Health Practice I: Children and Adolescents**	Fall	In Person	3
SW 6402	Mental Health Practice II: Adults and Aging**	Spring	In Person	3
SW 662x	Human Trafficking	TBD	TBD	3
SW 662x	Human Sexuality/Intro to Human Sexuality	TBD	TBD	2-3
SW 6750	Ageing Practice I – Social Work with Older Adults**	Fall	In Person	3

*\*\*MSW Students Only*

**Domain III: Economics, Politics, and Women's Health**

<b>Course Number</b>	<b>Class Name</b>	<b>Semester</b>	<b>Delivery</b>	<b>Credits</b>
ANTH 6433	Maternal & Child Health	Spring	In Person	3
ECON 6170	Feminist Economics	Fall, Sum	In Person	3
ECON 6180	Poverty & Inequality	Fall, Sum	In Person	3
ECON 6560	Gender and Economic Development	TBD	TBD	3
ED PS 7840	Feminist Multicultural Practice Seminar	TBD	TBD	3
NURS 6710	Health and Systems I: Social Determinants and Policy	Fall, Spr	Online	3
NURS 6711	Health and Systems II: Health Organization	Spr, Sum	Online	3
PBHLT 6700	Environmental and Biological Science in Public Health	Spring	IVC	3
PBHLT 6958	Reproductive Epidemiology	Spring	IVC	3
SW 6350	Global Social Work Practice I**	Fall	In Person	3
SW 6352	Global Issues in Women's Health	Spring	Online	3
SW 6751	Ageing Practice II- Chronic Health and Mental Health Conditions in Older Adults**	Spring	In Person	3

*\*\*MSW Students Only*

**Declaration of Intent  
Interdisciplinary Graduate Certificate in Women's Health (IGCWH)**

Domain	Course Number	Class Name	Semester	Year	Credits
Foundation	SW6520	Issues in Women's Health			3
I					
II					
III					
Elective					
<b>Target Completion Semester and Year</b>					<b>15</b>

Name \_\_\_\_\_ Student ID# \_\_\_\_\_

College/School (if applicable) \_\_\_\_\_

Graduation Year (if applicable) \_\_\_\_\_ Degree (if applicable) \_\_\_\_\_

Permanent Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Applicant's statement: The above information is accurate to the best of my knowledge. I agree to comply with the prescribed courses as mutually agreed upon by myself and a faculty representative of the Interdisciplinary Graduate Certificate in Women's Health.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**SIGNATURE FORM**

**Please obtain the appropriate signatures, one from your IGCWH faculty representative and the other from your home department/program/professor.**

**IGCWH Faculty Representative Signature**

\_\_\_\_\_  
Caren J. Frost, PhD, MPH  
Research Professor, College of Social Work Signature

\_\_\_\_\_  
Date

**Home Department**

\_\_\_\_\_  
Director/Chair/Professor (please print)

\_\_\_\_\_  
Department

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## University of Utah Application Information for Non-Matriculated Students

Non-matriculated students (not degree-seeking) who would like to take a course at the University of Utah must complete the Application for Permission to Register as a Non-Degree Seeking Student and pay the \$45.00 fee\*. For Admissions Standards and a link to the University of Utah Non-Degree Seeking Students Application, please visit the following page <http://admissions.utah.edu/apply/nondegree/>. Once admitted you will receive a letter from the Admissions office with your Student ID (uNID).

Applications for Admissions will be considered late\* after the following dates:

**Fall April 1**  
**Spring November 1**  
**Summer March 15**

\* (A \$30 late fee will be required after the deadline until the final cut-off date.)

### CERTIFICATE COMPLETION CHECKLIST:

- Apply to the University of Utah (see above) if you are not currently a matriculated U of U student
- Meet with [certificate academic advisor](#) to map out your certificate of completion
- Submit completed documents from the IGCWH Planning Guide to the academic advisor
- Successfully complete the following courses with a grade B or better AND an average GPA of 3.4 for the 15 total credit hours
  - Complete Issues in Women's Health **Foundation** Course  
Course Department, Catalog Number: \_\_\_\_\_  
Semester and Year Completed: \_\_\_\_\_
  - Complete **Domain I** Course  
Course Department, Catalog Number, and Title: \_\_\_\_\_  
Semester and Year Completed: \_\_\_\_\_
  - Complete **Domain II** Course  
Course Department, Catalog Number, and Title: \_\_\_\_\_  
Semester and Year Completed: \_\_\_\_\_
  - Complete **Domain III** Course:  
Course Department, Catalog Number, and Title: \_\_\_\_\_  
Semester and Year Completed: \_\_\_\_\_
  - Complete **Approved Elective** Course:  
Course Department, Catalog Number, and Title: \_\_\_\_\_  
Semester and Year Completed: \_\_\_\_\_
- Keep the Certificate Advisor apprised of your progress as you complete each course.

***KEEP THIS PAGE FOR YOUR RECORDS***