

Virtual Motivational Interviewing: Engaging Technology to Strengthen Social Work Skills

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Online via Zoom (Zoom link provided prior to event)

Motivational Interviewing (MI) techniques help engage clients in ways that improve motivation and reduce resistance. Developing MI skills can be challenging, but researchers at the U's Social Research Institute are leveraging learning theory and technology to help future social workers learn, practice, and improve their clinical skills. Dr. Brad Lundahl and Cole Benson will share how the new Virtual Motivational Interviewing app utilizes technology to engage clinicians in understanding MI and helping clients get the most from it.



