

KARA PATIN, LCSW, ABD

CONTACT

☎ (801) 317-7160
✉ karapatin@gmail.com

EDUCATION

The University of Utah, Salt Lake City, UT.
PhD of Social Work-ABD
Anticipated Completion May 2025

The University of Utah, Salt Lake City, UT.
Masters of Social Work
Completed May 2014

AWARDS & ASSOCIATIONS

- **American Psychological Association Interdisciplinary Minority Fellow** One of 55 nationally selected inaugural fellows dedicated to furthering equity initiatives.
- **Association for Women in Psychology Program Coordinator** Development and delivery within clinical community.
- **Trauma-Informed Utah** Executive Board Member

SKILLS

- Applied research for program improvement and wellness initiatives
- Interdisciplinary collaboration
- Public speaking
- Behavioral health treatment
- Strategic planning
- Research Design & Implementation
- Data collection and management

VOLUNTEER WORK

Refugee Treatment Initiative
Program coordinator of mental health initiative for students with refugee backgrounds.

SELECTED WORK EXPERIENCE

TRAUMA-INFORMED UTAH

Director of Programs/Feb 2020-Current

- Partner with various organizations and programs for data-based program improvement efforts
- Collaborative design and implementation of mixed research methods to inform change via surveys, focus groups, interviews, listening sessions, etc. to capture stakeholder representation
- Employee Committee and Success Council facilitation
- Analysis of qualitative and quantitative data for strategic planning and metric tracking
- Policy and procedure review and development
- Evaluation of internal processes related to employee
- Research-based curriculum and training design and delivery
- Cross-sector collaboration and executive coaching
- Application of trauma-informed
- Data visualization narrative, and report production,

NOBLE SOUL THERAPY, REMOTE

Therapist/Founder | August 2018 - Present

- Mental health therapy utilizing evidence-based interventions.
- Specialization in trauma recovery.
- Management of practice operations and insurance benefits.
- Clinical supervision and consultation.

UNIVERSITY OF UTAH SOCIAL RESEARCH INSTITUTE, SALT LAKE CITY, UT/REMOTE.

Trainer/Consultant | October 2016 - Present

- Translational research process development.
- Research-based curriculum and tool development for local and state public service agencies.
- Statewide training delivery to helping professionals with over 3,000 attendees to date.
- Collaborative strategic planning through partnership with various agencies served for wellness initiatives and program improvement.
- Healthcare advocacy with stakeholders and policymakers.
- Program incubation oversight
- Executive coaching with state and local organizations.

HEALING PATHWAYS THERAPY CENTER, SALT LAKE CITY, UT.

Therapist | December 2015 - September 2018

- Provision of mental health therapy as part of a team specializing in the treatment of trauma and attachment-related disorders.
- Cross-sector collaboration and care coordination.

PRESENTATIONS & PUBLICATIONS

- Patin, K., (2017) *Creating a Trauma-Informed Workforce*. Trauma Resiliency Collaborative Symposium, Salt Lake City, UT.
- Patin, K., (2017) *Creating a Trauma-Informed Workforce*. IVAT International Summit on Violence, Abuse, and Trauma, San Diego, CA.
- Patin, K., (2017) *Creating a Trauma-Informed Workforce*. NPEIV Pre-Summit, San Diego, CA.
- Patin, K., (2017) *Trauma Awareness*. Safe Harbor Domestic Violence Shelter. Salt Lake City, UT.
- Patin, K., (2017) *Trauma Awareness*. Project Reality Professional Training. Salt Lake City, UT.
- Patin, K., (2018) *Trauma Awareness Seminar*. Multiple Locations, San Juan County, UT.
- Patin, K., (2018) *Trauma Awareness*. South Valley Sanctuary Domestic Violence Shelter. Salt Lake City, UT.
- Patin, K., (2018) *Building the Armor Within: Trauma and Resiliency Basics*. United Way of Northern Utah Early Education Breakfast. Ogden, UT.
- Patin, K., (2018) *Trauma Awareness Seminar*. State of Utah Board of Pardons and Parole. Salt Lake City, UT.
- Patin, K., (2018) Utah Mental Health Counselors Association (UMHCA) Annual Conference. Salt Lake City, UT.
- Patin, K., (2018) University of Utah Addictions Update: Science, Policy & Treatment. Salt Lake City, UT.
- Patin, K., Warnick, K., (2018) *Ethics of Trauma-Informed Care* Trauma-Informed Care Network. Salt Lake City, UT.
- Patin, K., Vogel-Ferguson, M.B., (2017-2018) *Trauma Awareness Seminar*. Department of Workforce Services, Various Locations Statewide
- Patin, K., (2018) *Trauma-Informed Clinical Practice*. Department of Workforce Services Clinical Development Training. Salt Lake City, UT.
- Patin, K., (2018) *Trauma Awareness*. Utah State Board of Parole and Pardons. Salt Lake City, UT.
- Keyes, T.S., Vogel-Ferguson, M.B., Patin, K. (2018) *How do Social Workers Engage with a Multicultural Community to Address Trauma? Tying Social Work Values and a Community Based Participatory Research Framework to working with Native American communities*. Roundtable presentation at the 2018 American Public Health Association Conference (APHA) San Diego, California.
- Keyes, T.S., Vogel-Ferguson, M.B., Patin, K. (2018) *An Approach for Engaging with Mixed-Race, Multicultural Community using Social Work Values and a Community Based Participatory Research Framework*. Research paper presented at the Indigenous and Tribal Social Work Educator's Association – CSWE 22nd Annual Conference. Orlando, Florida
- Patin, K., (2018) *Trauma-Informed Clinical Social Work Practice*. Brigham Young University Field Instructor Training. UT.
- Patin, K., (2019) *Trauma Awareness*. Utah Community Action Program Supervisory Development. Salt Lake City, UT.
- Patin, K., (2019) *The Neuroscience of Trauma*. Utah Department of Human Services (DHS) Trauma Academy. Davis County, UT.
- Patin, K., (2019-2020) *Trauma Academy*. Association for Utah Community Health (AUCH) Salt Lake City, UT.
- Patin, K., (2019) *Trauma Academy*. San Juan County, UT.
- Patin, K., (2019) *Trauma Awareness*. Utah Victims Office of Crime Advocate Training. Salt Lake City, UT.
- Patin, K., (2019) *Trauma Awareness*. Utah Department of Health. Various locations, Salt Lake City, UT.
- Patin, K., (2019) CJC Symposium.
- Patin, K., (2020) *Neurobiology of Trauma, Keynote*. Uintah Basin Domestic Violence Conference: Bridging the Gap. Uintah Basin, UT.
- Patin K., Vogel-Ferguson, M.B., Shea, S., (2021) *Trauma-Informed Utah Presents Employee Wellness & COVID-19*. Utah Coalition for Protecting Childhood. Virtual Event.
- Dorn, U., Haight, M., Patin, K., Whiteley, A., (2021) *Dismantling White Supremacy: A Year of Community Programming*. Association for Women in Psychology. Virtual Event.
- Patin, K., (2020-2021) *Trauma Academy*. Association for Utah Community Health (AUCH) Salt Lake City, UT.
- Patin, K., (2021) *Trauma Awareness*. First Lady Cox & Step-Up Initiative Board. Salt Lake City, UT.
- Keyes, T. S., Patin, K., & Jagers, J.W. (2023) *Social Workers Helping a community to become Trauma-informed: Pre- and Post-Attitudes Related to Trauma-Informed Care (ARTIC) Survey*.
- Patin, K., Vogel-Ferguson, M.B., (2024) *Trauma-Informed Organizations-Learning Series*. Trauma-Informed Utah. Virtual.
- Patin, K., Vogel-Ferguson, M.B., (2024) *Utah: Self-Healing Communities in Practice*. In Editor(s) (Eds.), [Title of book in preparation] (pp. xx-xx). Routledge. [Manuscript in preparation].
- Patin, K. & Keyes, T.S. *Anti-Blackness in Social Work Education*. (In Preparation)
- Patin, K. & Dilanchian, A. *A Systematic Review of Trauma-Informed Approach Outcomes*. (In Preparation)
- Garcia, M. & Patin, K. *A Systematic Review of Colorism*. (In Preparation)