

MSW Program –Mental Health in Social Work Concentration

Entering Class: **FALL**

PROGRAM OF STUDY

Graduation: beginning **SPRING**

Summer Semester	General (free) electives or required electives from the concentration approved list.
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Mental Health Concentration – 6 hours core (6 core plus a minimum of 4 required elective credits selected from approved practice oriented classes.

FALL SEMESTER

SPRING SEMESTER

SW #	Section	Course Title	Credit Hours	Taken	Grade	SW #	Section	Course Title	Credit Hours	Taken	Grade
6220		Diversity and Social Justice: Reflexive and Ethical Social Work Practice II	3.0			SW 6402		<i>Mental Health Practice II: Adults and Aging</i>	3.0		
SW 6401		<i>Mental Health Practice I: Children and Adolescents</i>	3.0								
6521		Advanced Field Practicum I	4.0			6522		Advanced Field Practicum II	4.0		
Total Credit Hours _____						Total Credit Hours _____					

All students must take one practice class outside their concentration as an elective.

Note on electives for Concentration and proposed semester:

Electives taken either summer, fall or spring semesters to total a minimum of 4 credit hours, from approved list.

- Spirituality in Social Work - 2 credit hours
- Intro to Couples Therapy – 2 credit hours
- Advanced Cognitive Therapy – 2 credit hour
- Mind, Body Bridging – 2 credit hours
- Practice with Grief & Loss- 2 credit hours
- Animal Assisted Therapy – 2 credit hours
- SW Prac. With kids & Adolescents – 2 credit hours
- ACT Therapy and Mindfulness – 3 credit hours online
- PCS 4900 – Peace and Conflict – 3 credit hours
- Working with Trauma – 2 credit hours
- Dialogue Models SW 6830 – 3 credit hours
- Creative & Expressive Therapy 3 credit hours
- Global Issues in Women’s Health (online) -- 3 credits hours
- End of Life/Palliative Care – 2 credit hours

- Dialectic Behavioral Therapy – 2 credit hours
- Marriage and Family Therapy – 2 credit hours
- Advanced Group Practice – 2 credit hours
- Advanced Brief Therapy 2 – credit hours
- Play Therapy – 2 credit hours
- Human Sexuality in SW – 2 credit hours
- Crisis Intervention – 2 credit hours
- Family Violence across Life – 2 credit hours
- Self Harm – 2 credit hours
- Motivational Interviewing – 2 credit hours
- Treatment of Trauma – 2 credit hours
- Human Trafficking – 3 credit hours online
- Cognitive Behavior Therapy – 2 credit hours
- Dialogue Models SW 6830 – 3 credit hour

Students may take up to 16 credit hours in any one semester, without requiring pre-approval from the MSW Program Director.

Students in the Advanced Standing program must complete a minimum of 45 credit hours.

Students in the 2-Year Program must complete a minimum of 60 credit hours.

Students must earn a passing grade of C+ or better.

Students must maintain a cumulative 3.0 gpa in order to be in good academic standing.

SW 6401 Fall	Mental Health Practice I: Children and Adolescents Required Course	3	What mental health challenges do children and adolescents currently face, and how can social workers help empower them? Students who take this class learn how to engage in, assess, intervene in, and evaluate mental health practice with children and adolescents, and with their families and communities. A social work perspective is taken, that includes the strengths perspective, multi-cultural competency, eclectic practice, and ecological theory. Students study DSM diagnoses of children and adolescents, through the lens of social work values and theory. This course also considers the interrelationship between mental health and such issues as addictions, criminal behavior, physical health, and evolving local and global conditions. Students will learn to assess the common mental disorders of children and adolescents from an Eco-biopsychosocial-spiritual perspective and to select intervention strategies that differentially fit the needs identified in those assessments. Students will learn to develop and utilize their conscious-use-of-self in establishing effective helping relationships.
SW 6402 Spring	Mental Health Practice II: Adults and Aging Required Course	3	This course is the second of a sequence of two required practice courses taken by all students in the Mental Health Domain of the second year of the MSW program. This second class, taught in the Spring of the second MSW year, provides knowledge, skills, and a value base for Social Work practice with adults and the aging in their families and communities. The first class, taught in the Fall of the second MSW year focused upon Social Work practice with children and adolescents. In this course, students concentrate their studies on the assessment and promotion of mental health for adults and the aging in the context of their families, institutions, and local and global communities. Students will learn to assess the common mental disorders of adults and the aging from an ecological (biopsychosocial-spiritual-environmental) perspective and to select intervention strategies that differentially fit the needs identified in those assessments. Clients will be viewed as typically having multiple-problem challenges (e.g., in mental health, school learning, physical health, substance abuse, family environment, etc.) that are best approached by multi-disciplinary teams of professionals and other community members. Students will learn to develop and utilize their conscious-use-of-self in establishing effective helping relationships.
	Electives		Electives: Students must take a minimum of 4 credit hours of practice-oriented electives. One class must be a practice class in another concentration. The remaining elective credits can be general electives that are practice, theory, and skills focused.

Types of Practicum Placements: Inpatient, residential and outpatient mental health programs serving children, adults and/or older adults and their families.